



BREAKFAST

Soul English Breakfast
2 eggs, 2 rashers of bacon, 2 sausages, mushrooms & toast. Choice of white or brown bread.

Garden Omelette
Peppers & tomatoes.

Soul Omelette
Bacon, onion, tomato & mozzarella.

Eggs Benedict
Poached eggs and silky hollandaise on a toasted muffin.

Avo Toast
Toasted bread topped with creamy avocado.

Fruit Bowl
A fresh bowl of seasonal fruit.

Oats
Warm, creamy oats.

Toast & Jam
Golden toast with butter and jam.

HOT BEVERAGES

Espresso
A short, rich shot with a smooth crema.

Rooibos / Green Tea / Five Roses
Your choice of rooibos, green tea or Five Roses.

Café Latte
Espresso with silky steamed milk.

Cappuccino
Espresso, steamed milk and a soft crown of foam.

Hot Chocolate
Rich, creamy hot chocolate.

Chai Latte
Spiced chai with steamed milk.

Macchiato
Espresso marked with a touch of foam.

Irish Coffee
Hot coffee, Irish whiskey and cream.

R140

R55

R95

R75

R55

R65

R49

R45

R35

R35

R45

R48

R49

R55

R65

R85

SOUL STARTERS

Garlic & Cheese Roll
Soft bread filled with garlic & cheddar cheese. R65

Chicken Livers
150g chicken livers served with French loaf. R85

Creamy Mussels
Mussels served in a creamy sauce with French loaf. R85

Soul Street Tacos
Spiced beef mince, onion, tomato, cheese, garlic & shredded lettuce. R95

Calamari Fritters
Fresh calamari seasoned with pepper & paprika, crumbed and fried. R95

SOUL SIDES

Chips
Golden, crispy chips. R30

Mash
Creamy, buttery mash. R30

Rice
Fluffy steamed rice. R30

Creamed Spinach
Rich, creamy spinach. R30

Green Salad
Lettuce, peppers & cherry tomatoes. R35

SOUL PASTA

Choose penne, fettuccine or spaghetti.

Prawn Pasta
Prawns, red peppers, cream & onions. R210

Napolitana
Napolitana sauce, garlic, basil, butter & parsley. R95

Bolognese
Beef mince, garlic, basil, Napolitana sauce & cream. R185

Polo Smothered
Chicken breast, mushrooms, garlic, rosemary, white wine, Dijon & cream. R190

Aglio Broccoli
Broccoli, olive oil, garlic, chilli, parsley & avocado. R130

SOUL CHICKEN

Whole Baby Chicken
Flame-grilled baby chicken served with your choice of side.

R190

Chicken Breast
Succulent chicken breast served with your choice of side.

R125

Chicken Schnitzel
Crispy crumbed chicken breast with garlic, cayenne & paprika, served with cheesy sauce.

R175

Soul Wrap
Chicken, beef or vegetarian.

R110

Sticky Chicken Wings
Glazed sticky wings served with your choice of side.

R110

SOUL BURGERS

The Soul Burger
200g flame-grilled beef patty, smoked cheddar, crispy bacon, caramelised onions, tomato relish, pickles, Soul sauce & lettuce. Served with chips.

R165

The Maverick
200g beef patty, mushroom sauce, bacon, feta, dill cucumber & lettuce.

R120

Soul Chicken Burger
Crispy crumbed chicken breast seasoned with garlic, cayenne, paprika & mayonnaise.

R110

SOUL BEEF

Rump Steak 300g
Grilled to your liking with your choice of side.

R195

Lamb Chops 300g
Flame-grilled with rosemary mushroom sauce and your choice of side.

R235

T-Bone 500g
Grilled to your liking with your choice of side.

R220

Pork Ribs 500g
Tender grilled ribs with your choice of side.

R199

Espetada
Skewered, flame-grilled beef.

R260

Soul Meat Feast
300g pork ribs, 300g meatballs, 6 wings, 4 drumsticks & 300g cocktail sausages. Served with fries.

R650

SOUL BRAISES

Lamb Shank
Slow-cooked lamb shank served with your choice of starch.

R340

Oxtail
Slow-cooked oxtail with mixed vegetables and your choice of starch.

R220

SOUL OF THE SEA

Soul Seafood Feast
200g hake, 250g calamari, 6 queen prawns & mussels.

R370

Salmon 250g
Grilled salmon served with your choice of side.

R210

SOUL SAUCES

Lemon Butter Sauce
Bright lemon butter.

R25

Pepper Sauce
Classic creamy pepper sauce.

R25

Cheese Sauce
Smooth, rich cheese sauce.

R25

Mushroom Sauce
Creamy mushroom sauce.

R35

Peri-Peri Sauce
A little heat.

R35

SWEET SOUL

Soul Malva
Warm South African malva pudding with vanilla ice cream & creamy custard.

R85

Vanilla Ice Cream & Chocolate
Vanilla ice cream with chocolate sauce.

R76

Soul Meltdown
Warm chocolate brownie, vanilla ice cream, chocolate sauce & caramelised nuts.

R95

SOUL SUSHI PLATTERS

The Maboneng Feast 26pc: 8 Fire Roll, 8 Tuna Roll, 4 Fashion Salmon, 4 California Salmon, 2 Salmon Nigiri.	R649
The Original Soul 14pc 4 California, 4 Fashion Salmon, 4 Salmon Maki, 2 Salmon Nigiri.	R320
Soul On Fire 12pc 4 Fire Roll, 4 Tuna Crunch, 2 Rock Shrimp, 2 Beef Fillet Nigiri.	R280
Pure Soul 12pc 4 Salmon Sashimi, 4 Salmon Roses, 4 Salmon Maki.	R320
Soul Of the Sea 12pc 4 Tempura Prawn Roll, 4 Prawn Maki, 4 Rock Shrimp.	R360

SOUL SUSHI

California 8pc Avocado & cucumber with your choice of salmon, tuna, prawn or vegetarian.	R210
Maki 8pc Your choice of salmon, tuna, prawn or avocado & cucumber.	R170
Fashion Sandwich Sushi sandwich with your choice of salmon, tuna, prawn or vegetarian.	R180
Hand Roll 1pc Your choice of salmon, tuna, prawn or fillet.	R80

TORCHED SOUL

Fire Roll 8pc California roll with cream cheese, salmon & jalapeños, deep-fried, finished with Kewpie, yakitori, micro rocket & tableside flame.	R180
Nacho Libre 8pc Teardrop sushi with salmon & cream cheese, yakitori sauce, nacho sauce, nacho crumbs, caviar & micro rocket.	R190
Tuna Crunch 8pc Cream cheese, fried tuna, fantasy sauce & diamond spring onion.	R160
Rock Shrimp 4pc California salmon base, crispy shrimp & fantasy sauce, torched to finish.	R160
Beef Fillet Nigiri 2pc Sushi rice topped with beef fillet, sriracha mayo, diamond spring onion & seven spice.	R65



CLASSIC SOUL

Sex On the Beach Peach schnapps, peach nectar, cranberry & orange juice.	R85
Long Island Premium vodka, gin, gold tequila, Havana, muddled orange, lemon juice & Coke.	R100
Cosmopolitan Premium vodka, muddled orange, lemon juice & cranberry juice.	R85
Tequila Sunrise Gold tequila, grenadine & orange juice.	R85
Berry Citrus Strawberry, orange & cranberry juice. Alcohol-free.	R60
Still Wax Ginger ale, lemonade, kola tonic & bitters. Alcohol-free.	R60
Rock Shandy Lemonade, soda water & bitters. Alcohol-free.	R60

SOUL MARGARITAS

Classic Margarita Silver tequila, lemon juice & muddled orange.	R95
Strawberry Margarita Silver tequila, lemon juice & strawberry syrup.	R95
Green Apple Margarita Silver tequila, lemon juice & green apple syrup.	R95

SOUL DAIQUIRI

Strawberry Daiquiri White rum, strawberry syrup, strawberry juice, fresh strawberries & lemon juice.	R95
Piña Colada White rum, piña colada syrup, fresh pineapple & lemon juice.	R95

SOUL MOJITOS

Classic Mojito White rum, fresh mint, muddled orange, wild mint & fresh lime.	R95
Passionfruit Mojito White rum, fresh mint, lime & passion fruit syrup.	R95
Raspberry Mojito White rum, fresh lime, fresh mint & raspberry syrup.	R95

SOUL JAM JARS

Watermelon Jam Jar Three spirits, watermelon syrup, lemon wedges, cranberry & pineapple juice.	R110
Red Bull Jam Jar Three spirits, grenadine & Red Bull.	R130
Chill & Plum Jam Jar Three spirits, cherry plum syrup, fresh chillies & Appletiser.	R105
Apricot & Ginger Jam Jar Three spirits, apricot syrup, lemon wedges, Savanna & bitters.	R105

SOUL SIGNATURES

Serenity Lemon juice, sundried orange, vodka, cranberry juice & orange bitters.	R105
Sol G&T Blueberry syrup, premium gin & tonic water.	R90
Whiskey Sour Irish whiskey, lemon juice, bitters, egg & muddled orange.	R115
Pornstar Martini Passion fruit, passion fruit cordial & sundried orange.	R115
Espresso Martini Vodka, coffee liqueur and fresh espresso, shaken until silky.	R115

SOUL TIKIS

Kiwi Apple Tiki Spiced gold, green apple syrup, falernum, lemon wedges & Appletiser.	R90
Passionfruit Tiki Spiced gold, passion fruit syrup, falernum, lemon wedges & cranberry juice.	R90
Blue Mermaid Tiki Spiced gold, blueberry syrup, falernum, lemon wedges & cranberry juice.	R90